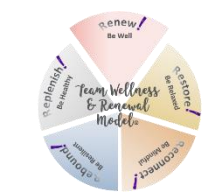
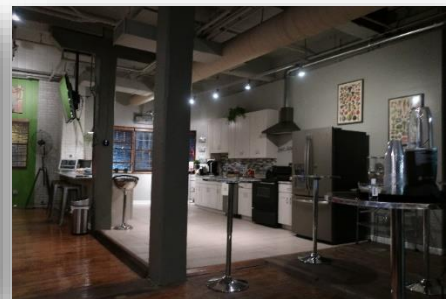
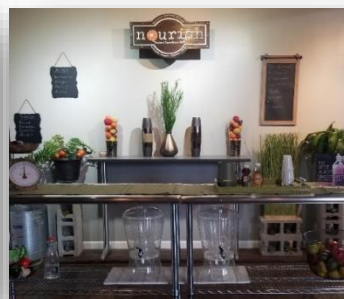
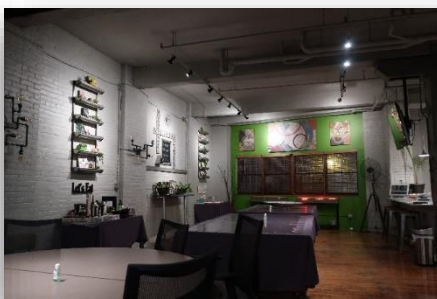




Team Wellness Renewal Studio

A renewal studio focused on team wellness and stress reduction through better eating, exercise, and mindfulness strategies, making teams more resilient to the stress of work and life. Your team will go back rejuvenated and ready to apply their new wellness skills to their work.



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